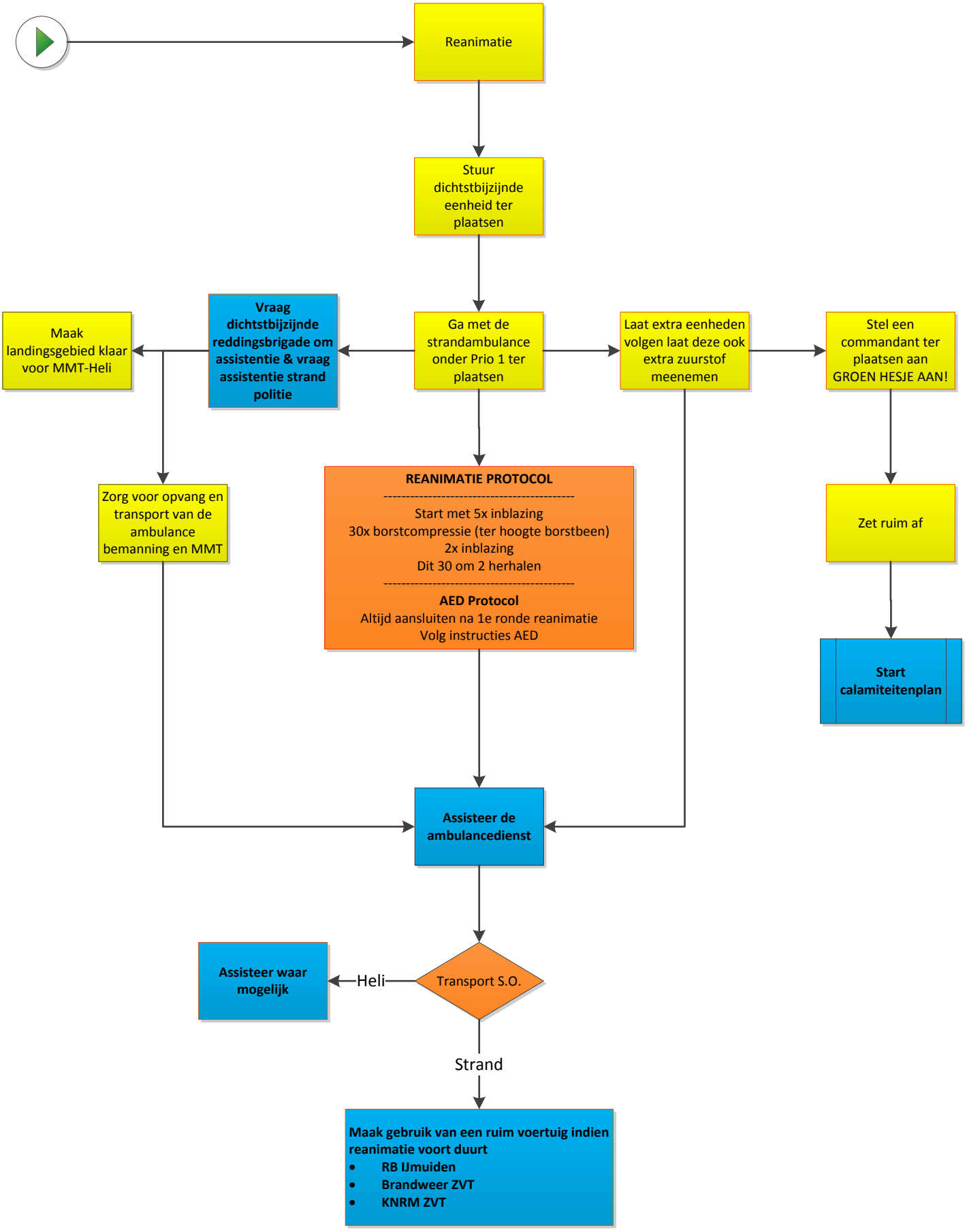EHBO: reanimatie